

The Greenwise Gazette

Tending to Creation at Immanuel Anglican Church, Regina

Regina 2023 Seedy Saturday

March 4 at St. Paul's Cathedral, 1861 McIntyre St. 10 am to 3 pm. This event is where local farmers, gardeners, and seed suppliers come together to share, trade and sell seeds of various plants. You'll find a wide selection of heirloom and organic seeds, as well as seedlings and plants.



In addition, there will also be informative workshops and presentations on topics such as gardening techniques, composting, and sustainable living.

RCMP 2023 Name the Puppy

The RCMP Police Dog Service Training Centre needs help finding names for Canada's future Police Dogs. Canadian kids are invited to enter name suggestions



online for 13 puppies that will be born at the centre this year. Each year, a letter is chosen to start the names. For 2023, all names must begin with the letter 'S'.

They are looking for original and creative names that these dogs can wear with pride during their career. The contest is open until March 16. See the contest rules and how to submit your entry here: <https://www.rcmp-grc.gc.ca/en/news/2023/2023-puppy-contest>

Composting 101

Wednesday, March 8 from 7 – 9 pm via ZOOM. Hosted by the University of Saskatchewan, this free class will give you a solid understanding of how to make rich compost at home out of kitchen scraps and yard waste. For more information and to register, go to: <https://agbio.usask.ca/events/2023/03/free-compost-class.php>



Invasive Species Week

Invasive species week across Canada was February 20 – 26 this year. Invasive species are plants, animals and other organisms that are not native to an area but have been introduced to it, either intentionally or unintentionally, and harm the ecosystem. Not all non-native species are invasive, but non-native species can become invasive if there are no native predators to control them. Invasive species are one of the most significant threats to global biodiversity after habitat loss. For more information check out the Nature Conservancy of Canada website at www.natureconservancy.ca or the Invasive Species Centre at www.invasivespeciescentre.ca or follow The YQR Naturalist on Facebook.

There is an interesting webinar on how Saskatchewan manages a provincial watercraft inspection program to prevent the spread of aquatic invasive species. Find it at this [LINK](#)

We acknowledge that we are on Treaty 4 territory, the original and traditional lands of the Nehiwayak (Cree), Saulteaux, Assiniboine and Metis Nations. We respect and honor the Treaties that were made on all territories; we acknowledge the harms and mistakes of the past; we are committed to moving forward in partnership with Indigenous Nations in the spirit of reconciliation and collaboration.

Butterflyway Diaries

You may have noticed the small sign on the west side



of our parking lot announcing that we are helping to grow a Butterflyway garden. This is part of the David Suzuki Butterflyway project, that is growing

habitat for bees and butterflies in neighbourhoods throughout Canada. The foundation produced five, 5-minute videos that show the great work that is being done. The first video showcases Regina, and our own Gail Fennel at the Royal Saskatchewan Museum native garden. Take a look – you won't be disappointed! [Butterflyway Diaries](#)

Recycling Corner – Plastics

Plastic is everywhere and it's hard to know what you can reuse, what you can recycle, and what you can do to reduce your plastic consumption. Look on the bottom of a plastic laundry detergent bottle or yogurt container. See the recycling triangle symbol with a number in the middle? Many people assume that indicates how to recycle the plastic. It's actually the plastic resin content.

There are seven standard classifications for plastics.



In Regina, all seven categories are acceptable in our blue bins. For more information about these standard classifications, and what kind of products they are, check out this link at the David Suzuki Foundation. <https://david Suzuki.org/living-green/what-kind-of-plastic-can-be-recycled/>

Plants Make You Feel Happier

If you are looking for plants that will liven up your home with positive vibes, here are some suggestions.

Cactus – wards off negative feelings by absorbing energies of electronics emitters and don't require much maintenance!

Spearmint – this is a medicinal herb that has many health benefits and makes a delicious tea.

Bamboo – brings positive energy and calming vibes

Jasmine – attracts positive energy and improves relationships

Chrysanthemums – believed to help alleviate tension and unease

Aloe Vera – is believed to attract prosperity and absorb negativity.

Check out more suggestions from gardening soul.com



SARCAN – Drop and Go for

Immanuel!  A DIVISION OF SARC

Remember to drop off your cans and bottles to help us with environmental projects at Immanuel. The code is our phone number **3065864420**. If you prefer to bring your cans and bottles to the church, just let Jessica in the office know, so we can get them to Sarcan.

In 2023 we hope to have enough money to purchase and install rain barrels!

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